

Six career education focus areas for secondary school educators

For students to make strong career decisions, they need a clear understanding of themselves. Term one is a great time for activities and experiences that help them to reflect on their career interests, skills, values and influences.

1 Ask your students to complete activities using myfuture's My career profile.



They can reflect on their interests, skills and values. Discuss the results with your students and how these might guide further reflection and research.

► [Log in to myfuture's My career profile](#)

2 Use myfuture's Occupation spotlight lesson plans in your classroom.

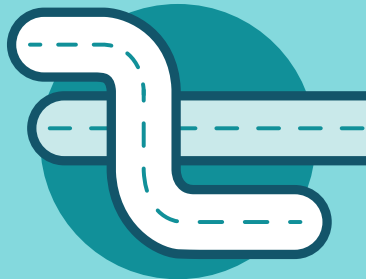


These lesson plans are built around videos showing real people in real jobs. Help your students explore their affinity for any of the people or occupations.

► [myfuture's Occupation spotlight lesson plans](#)

3 Explore myfuture's School-to-work pathways infographics.

Highlight the many pathways students can take to reach the same career destination. They can use the blank template to sketch out their own possible pathways.



[myfuture's School-to-work pathways infographics](#)

4 Encourage your students to get creative and imagine their ideal working lives.

What kind of environment are they in? What kinds of tasks are they doing? What kinds of people are they with? Have them draw pictures, create collages, write stories, act out roleplays, build Lego, or even use Minecraft!



5 Be attentive to your students' emotional states.



Career decision-making can be stressful. The *Career Uncertainty and Anxiety Questionnaire* can help start conversations about how students are feeling.

► [myfuture Insights paper: Managing career uncertainty and anxiety](#)

6 Help your students identify their career influencers.



Encourage them to chat with friends, teachers or family members. You may need to help them balance conflicting advice and develop their critical thinking.

► [myfuture Insights paper: Making career decisions: How influencers can help](#)