

## Six career exploration strategies for students

To make strong career decisions, you need a clear understanding of yourself. The start of the year is a great time to reflect on what you're all about. Take some time to reflect on your career interests, skills, values and influences.

### 1 Complete activities using myfuture's My career profile.



Identifying your interests, skills and values provides a starting point for you to understand what you're into.

► [Log in to myfuture's My career profile](#)

### 2 Browse myfuture's Occupation spotlight videos.

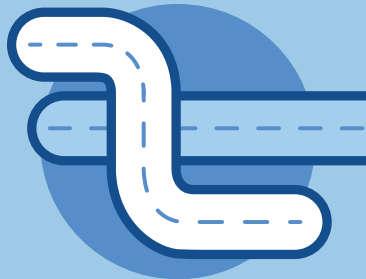


What do you have in common with the people in the videos? Which jobs make you curious to learn more?

► [myfuture's Occupation spotlight videos](#)

### 3 Check out myfuture's School-to-work pathways infographics.

Which ones appeal to you, and why? Download the blank template and fill out some dream career pathways.



► [myfuture's School-to-work pathways infographics](#)

### 4 Get creative and imagine your ideal working life.

What environment are you in? What tasks are you doing? What kinds of people are you with? Now, draw a picture, write a story, build it with Lego, or even develop it in Minecraft!



### 5 Check in with your feelings.



Career exploration and decision-making can be stressful. Browse myfuture for wellbeing articles and resources.

► [myfuture's Career articles](#)

### 6 Talk to someone.



Often, we don't know what we think until we say it out loud. Have a chat with a friend, teacher or family member and ask what they have noticed about your interests, skills or values.