

# Six ways to support students toward confident decisions

Help young people break the career decision-making process down into steps. Encourage them to reflect on their interests, skills, preferences and values. Help them make sense of the information, ideas and influences in the world around them. Then support them to make concrete goals and take their first steps towards them.

## 1 Check-in on students' self-knowledge.



Completing myfuture's 'My career profile' activities can help students learn about themselves. If they have already completed the activities, encourage them to redo them and consider if anything has changed.

► [Log in to My career profile](#)

## 2 Support research into qualifications and pathways.



If your students have an idea of the jobs that interest them, they can explore myfuture's occupation profiles. Focus their attention on the qualifications and skills they will need for the occupations that interest them.

► [Log in to view myfuture's occupation profiles](#)

## 3 Start identifying relevant courses.

Students can find specific courses related to occupations or industries that interest them. You might need to help them understand the various levels of qualification and the difference between TAFE and university, prerequisites and application processes.



► [Log in to search myfuture's Courses](#)

## 4 Attend TAFE and university open days.

Open days allow students to see first-hand what's on offer at their local institutions. Review our list of open days and consider organising a group of students to go along to some of your local events.



► [TAFE and university open days](#)

## 5 Get them started with some work experience.



Work experience is essential for progress toward career goals, but it can be hard for young people to get it themselves. Support their first steps into the workplace with your school's work experience program and by providing job-seeking advice.

► [myfuture's Work experience toolkit](#)

## 6 Make yourself available to them.



Big decisions become easier when you talk them over. Young people need and want to chat with trusted adults about their career decisions. Let them know when and how they can come to you for advice, and be prepared to ask the right questions.

► [myfuture Insights: Managing career uncertainty and anxiety: the power of career conversations](#)